

Love Your Feet

We are here to help you look after your feet

Sheridan Foot Health treatments are individually tailored and suitable for all ages including nail trimming, corn and callus removal, fungal nail, athlete's foot, verrucae treatments and diabetic foot care. Nail reconstruction for nails damaged or partially removed through trauma or fungal infection, consultation for the management and treatment of plantar fasciitis, and orthotics including insoles are also available. These treatments are available in clinic and as a home visiting service.



Sheridan Foot Health
Give foot problems the boot



Get your feet looking great for the summer

Do you have a lot of hard skin on your feet and cracked heels but still want to have great looking feet in the summer? Medical Pedicures, Pedicures and Manicures are now also available in a relaxing spa room environment.

Runners, Cyclists, Walkers, Golfers?

Do you suffer with pain and discomfort and a build-up of hard skin?

We stock a range of insoles to suit all of the above at affordable prices.

To book an appointment please call **02392 388149** or call in at the clinic, book a treatment or purchase a gift voucher at 48 White Hart Lane, Portchester, PO16 9BH.

Diane Sheridan RGN, MCFHP, MAFHP

Foot Health Practitioner

t: 02392 388149 **m:** 07795 522700

e: diane@sheridanfoothealth.co.uk

w: www.sheridanfoothealth.co.uk

f www.facebook.com/happyhealthyfeet

