

# LOVE YOUR FEET IN THE COMFORT OF YOUR HOME

### **Sheridan Foot Health Home Visiting Service**

This service is available on Monday and Wednesdays at a time to suit you.

A full medical history and foot health assessment is undertaken on the first visit and an individual treatment plan devised for you. The first visit takes up to an hour with subsequent visits of thirty minutes duration.

A home visit consists of a foot health treatment with nails cut and filed, any callus or corns removed and a hydrating foot cream massaged into the feet.

Regular treatments ensure that your feet remain as healthy as possible.

(Finger nail cutting also available)

Full details of all services offered are available on the website

www.sheridanfoothealth.co.uk

Sheridan Foot Health has relocated into new modern and friendly premises at 48 White Hart Lane, Portchester, PO16 9BH. The clinic is situated in a parade of shops in between One Stop and the launderette. Car parking is available and the number 3 bus service is every ten minutes and stops directly outside of the clinic



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### ove Your Fee



#### We are here to help you look after your feet



## Get your feet looking great for the summer

Do you have a lot of hard skin on your feet and cracked heels but still want to have great looking feet in the summer?

Medical Pedicures. Pedicures and Manicures are now also available in a relaxing spa room environment.

Sheridan Foot Health treatments are individually tailored and suitable for all ages including nail trimming, corn and callus removal, fungal nail, athlete's foot, verrucae treatments and diabetic foot care. Nail reconstruction for nails damaged or partially removed through trauma or fungal infection. consultation for the management and treatment of plantar fascititis, and orthotics including insoles are also available.



Gift vouchers available



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