



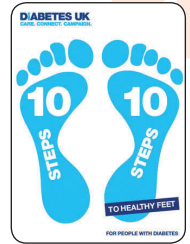
Sheridan Foot Health

Give foot problems the boot

SHERIDAN FOOT HEALTH IS SUPPORTING THE PUTTING FEET FIRST CAMPAIGN

What is the campaign?

"More than 135 people with diabetes have a leg, foot or toe amputated each week. This is shocking, especially as four out of five of these amputations are preventable. This is where the Putting Feet First campaign comes in. We want to bring an end to the thousands of potentially preventable amputations affecting people with diabetes" (Diabetes UK, 2015).



Look after your feet with regular professional care undertaken by a Registered Nurse and Foot Health Practitioner. Six monthly vascular and neurological checks can be undertaken by Sheridan Foot Health. If your vision is impaired and you find it difficult to bend down and reach your feet to routinely examine them and cut your nails then regular appointments are advised.

A FREE EDUCATIONAL DIABETIC SEMINAR
is being hosted by Sheridan Foot Health on Friday 15th April 7pm to 9pm
at Portchester Community Centre, Westlands Grove.

- Dr. Mayank Patel, Consultant in Diabetes University Hospital Southampton, Quality in Care awards 2015 Outstanding Educator in Diabetes, Honorary Senior Clinical Lecturer (University of Southampton)
- A Diabetic Specialist Nurse.
- A member of Diabetes UK

Please contact **Sheridan Foot Health** to reserve a place by calling 02392 388149. If you know someone with diabetes, please let them know



Diane Sheridan RGN, MCFHP, MAFHP

Foot Health Practitioner & Registered Nurse
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www.sheridanfoothealth.co.uk  /happyhealthyfeet





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Providing Foot Health Care for Portchester and surrounding areas

Have your feet looked after by Diane Sheridan, a Registered Nurse and Foot Health Practitioner with over 20 year's clinical healthcare experience.

The team at **Sheridan Foot Health** are all trained and committed to providing a high quality patient focused service.

All foot care treatments are individually tailored and suitable for all ages including nail trimming, corn and callus removal, fungal nail, athlete's foot, verrucae treatments and diabetic foot care. Nail reconstruction, consultation for the management and treatment of plantar fasciitis, and orthotics including insoles are also available.



Home visits are available

Advanced Epilation

The treatment used to remove moles, skin tags, sebaceous cysts, warts, broken capillaries, spider veins, liver/ age spots and blood spots.

For more information, visit our website
www.sheridanfoothealth.co.uk
or call 02392 388 149.

Coming Soon
New Service
**Laser Tattoo
Removal**

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